#### How will I know if its working?

Swift doesn't cause the verrucae or wart to shrink, instead it causes it to thin. It may mean that you don't see any visual changes but that doesn't mean that there aren't any biological changes occurring.



In some cases you may find that your verruca becomes darker in colour. This can show that there are some changes occurring on a biological level. However, every patient is different so do not be disappointed if yours doesn't change colour as this doesn't mean that the treatment hasn't been successful.

#### How much does it cost?

The cost of Swift is £115 per treatment

A course of 3 treatments, 4 weeks apart with a follow up in 12 weeks is £320.

\*If on the rare occasion we need to use more than one probe during your treatment there will be an additional fee of £30\*

#### How do I hear more about the clinic?

There are lots of ways for you to keep in touch with all of upcoming news at the practice:

- You can follow us on our social media channels: Walsh Podiatry
- You can subscribe to our newsletter at www.walshpodiatry.co.uk
- You can read our blog at www.walshpodiatry.co.uk/blog



You can book an appointment:

• By phone: 0121 749 6313

In person: 329 Chester Road, B36 OJG

 Online: https://walshpodiatry.co.uk/bookonline





329 Chester Road, Castle Bromwich, B36 0JG 0121 749 6313 reception@walshpodiatry.co.uk





SwiftVerruca
Treatment



#### What is Swift?

Swift is a new technology developed for the treatment of skin lesions by Dermatologists and Podiatrists. It uses microwave energy which is delivered through a special probe that is applied to the affected area.



## **How does it work?**

The microwave energy in Swift causes the water molecules in your skin to move around and collide, creating localised heat. This creates a precised and localised cell response. After the treatment, your body immediately starts to respond which allows the tissue in the area to be regenerated quickly. A verruca virus is very clever as it cloaks it self from your immune system. This is why you can to have them for a very long time. Swift helps to remove that cloak so that it can be more easily detected by your immune system.

If you have diabetes, have a pacemaker are breastfeeding or could be pregnant or breastfeeding, then you may not be suitable. You should speak to one our Podiatrists who will discuss this with you.

#### What can I expect?

The swift treatment is actually very quick. It consists of 5 rounds of 2 second treatments per verruca that we treat. The probe will be applied to your foot and the treatment will begin. After 5 rounds of treatment the probe is removed and disposed of. Unlike other verruca treatments, you do not require any post op dressing or paddings afterwards and will be able to immediately resume your normal activity.



## **Does it hurt?**

Swift can be uncomfortable for some people. You will usually feel a sudden bit of heat which immediately disappears. Unlike other verruca treatments, Swift is only uncomfortable in the moment and is not usually painful afterwards. The Swift machine has lots of different settings which we can alter if you are finding it too uncomfortable. However, it is important to note that the higher the setting the more effective the treatment will be. In rare cases you may experience some prolonged soreness.

# What do I need to do afterwards?

Absolutely nothing! In some cases the treated area may feel sore but it will not prevent you returning to your normal activities. There is no aftercare and you will not need to dress the area.



# When do I need to be seen again?

The independent clinical research behind Swift suggests that most warts and verrucae resolve after 3 treatments. The optimal reported protocol is 3 treatments that are 4 weeks apart and then a follow up in 12 weeks.

# Is it guaranteed to work?

Following the above protocol, Swift has been proven to be 80% successful in treating warts and verrucae.